



Dear Neighbors,

This newsletter provides some resources which may be of interest and use to you.

As this goes to press, the legislature is in the thick of our session. Many of the issues, such as the budget, electric rate relief, education funding, and health care reform are unresolved. This is very normal due to the length of the public hearing process and the need for committees to deliberate on all the bills submitted to them. As a result, most of the work of the General Assembly gets done in the last few weeks of the session. This year, our adjournment date is June 6<sup>th</sup>.

If you have any issues, problems or concerns with bills in the General Assembly, please feel free to contact me. I can always be reached at 1-800-842-8267 or by e-mail at: [Gerald.Fox@cga.ct.gov](mailto:Gerald.Fox@cga.ct.gov)

Sincerely,

Gerald Fox, III

## Gerald Fox, III - Representing Stamford



Legislative Office Building, Room 4014  
Hartford, CT 06106-1591  
(860) 240-8752  
[Gerald.Fox@cga.ct.gov](mailto:Gerald.Fox@cga.ct.gov)

PRSRT STD  
U. S. POSTAGE  
PAID  
HARTFORD, CT  
Permit No. 3937

# State Representative Gerald Fox, III

## State Resources and Useful Information



Representing Stamford's 146th District

# Helpful Links and Services

## Senior Financial Assistance



There is a new online service that helps seniors apply for financial assistance programs. This website: [www.benefitscheckup.org/link/naa](http://www.benefitscheckup.org/link/naa) is easy to navigate and can direct you to financial assistance programs of

which you may not have been aware. This website covers all aspects of applying for these programs starting with your free eligibility screening. This helpful service has been provided by AARP Connecticut, the North Central Area Agency on Aging CHOICES Program, and the Elderly Services Division of the State Department of Social Services. For more information, contact CHOICES at (860) 724-6443.

## Guide to Good Health for Adults

“Pocket Guide for Good Health for Adults” is full of helpful tips on health. The guide includes information on what tests and shots seniors should be taking, as well as providing guidance on what to ask when speaking to your health care professional. It also includes prevention charts to help keep you aware of your own health status. To order free copies of this guide, call the Agency of Health Care Research and Quality Publications Clearinghouse at 1-800-358-9295 or e-mail [www.ahrqpubs@ahrq.gov](mailto:www.ahrqpubs@ahrq.gov). This helpful guide was developed by the Agency for Health Care Research and Quality, as part of the U.S. Department of Health and Human Services.

## Home Repair Program for Seniors

The Home Solutions program is a service that provides financial support for house repairs, hazardous material abatement, septic system repair, removal or enlargement and emergency repairs for senior citizens. The funding for this program comes from a state-wide combined loan and grant program. The funds are provided by the State of Connecticut through the Department of Economic and Community Development and are given to both residential owner occupied and rental properties. For more information, call Home Solutions at (860) 347-4465.

## Medicare Advocacy

The Center for Medicare Advocacy is a organization that helps elderly and disabled residents receive medical assistance through advocacy and legal assistance. The Center for Medicare Advocacy is non-profit and non-partisan. The Center’s main concern is for people who are in serious need of immediate health care. The Center is located in Connecticut and is staffed by all types of professionals, such as attorneys, nurses, legal assistants, and information management specialists. To learn more about the Center for Medicare Advocacy you may visit the website at [www.medicareadvocacy.org](http://www.medicareadvocacy.org). or call the national office in Connecticut at (860) 456-7790.

## Remembering Veterans

The Veterans History Project has been established at Central Connecticut State University to allow veterans to share their photographs and documents for posterity so that future generations will never forget their sacrifices for America. This program is an online archive of veterans’ war journals, maps, and photographs. To join the history project by submitting your own records, or to view those of other veterans, go to [www.ccsu.edu/vhp](http://www.ccsu.edu/vhp). You then click on “search our database” in order to view veterans photographs and documents. You may then search by name, war, or branch of service. If you would like to submit your own documents online, you can click on the “how to participate” link available on the website home page. You can also join the Veteran’s History Project by contacting Eileen Hurst at (860) 832-2976.



STATE REPRESENTATIVE  
GERALD FOX, III  
1-800-842-8267

I SERVE AS A MEMBER ON THESE LEGISLATIVE  
COMMITTEES:  
JUDICIARY  
TRANSPORTATION  
PLANNING AND DEVELOPMENT