

Programs that Work: Cost Benefits

Program Name	Age range (yrs)	Surgeon General Rating	Blueprint rating	Cost per youth (\$)	Net benefits per case, taxpayers only	Net benefits per case, taxpayers and victims
Nurse Home Visitation	Prenatal to 2	Model 1	Proven	7,733	\$23,663	\$41,848
Life Skills Training	10 to 12	Model 2	Proven	147	\$150	\$150
Big Brothers Big Sisters	11 to 16	Proven	Proven	1,054	\$225	\$4,524
Multi-dimensional Treatment Foster Care	12 to 17	Model 1	Proven	2,052	\$21,836	\$87,622
Multi-Systemic Therapy	12 to 17	Model 1	Proven	4,743	\$31,661	\$131,198
Functional Family Therapy	12 to 17	Model 1	Proven	2,161	\$14,149	\$59,067