

COVID-19 Situation Daily Newsletter

Stamford, Connecticut. Friday, May 15th, 2020.

“Businesses want to take all the precautions necessary to protect their employees and their customers and we want to ensure they have access to all the support that is available.”

-David Lehman

Commissioner, Department of Economic and Community Development

Source: [Hartford Business](#)

[Click here for the Spanish translation of this newsletter.](#)

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This newsletter is compiled into **four sections**.

- I. **Recent Updates.** Stamford’s COVID-19 situation in the past 24 hours.
 1. **Major:** Developments impacting all sectors.
 2. **Community:** Developments impacting Stamford residents.
 3. **Services:** Developments and closures impacting services provided to Stamford residents such as City services, utility services, nonprofit services, and etc.
 4. **School:** Developments impacting students, teachers, staff, or residents who rely on services provided by Stamford Public Schools.
- II. **Help Stamford.** Information for volunteer/donation opportunities.
- III. **Ongoing Information.** Comprehensive information [from our website](#) about what’s going on in Stamford, including information on testing sites, local Mayoral orders, state executive orders, a list of closures, a list of services impacted, and much more.
- IV. **Contact.** Information on who to contact at the City for inquiries.

The content of this newsletter is compiled by the [City of Stamford](#) and relies on information provided by health professionals, City staff, state elected officials, local organizations, and members of the community. If you have information for this newsletter — or believe some information is incorrect — please contact the City’s Communications Assistant Arthur Augustyn using [this form](#).

Recent Updates

- Connecticut’s Department of Public Health (DPH) provides a daily update on the state’s COVID-19 situation. Residents can [visit this link](#) for new updates daily.
 - According to the most recent report — last updated at 2:00 p.m. on May 15th — **Stamford has 2,994 confirmed cases of COVID-19**, compared to 2,983 confirmed cases on May 14th.
 - Connecticut’s DPH provides [an interactive dashboard](#) tracking cases and deaths across the entire state. According to this resource, Stamford has 171 reported deaths attributed to COVID-19 cases.

- Connecticut's DPH provides information on reported cases in nursing homes and assisted living facilities. This data is updated weekly and is hosted on [the City of Stamford's website](#). **Last updated: May 14th, data from May 14th.**

Major:

- Governor Ned Lamont [announced](#) the **State of Connecticut will be distributing 50,000 infrared thermometers it has secured for small businesses, nonprofits, and places of worship** to support safe reopening activities amid the COVID-19 pandemic.
 - Entities that would like to request a thermometer can fill out a form through the link provided [here](#).
- **The City of Stamford's Department of Health [reminds](#) residents there are currently no tests available to determine if a business is safe or an establishment is "clean,"** and there is no certification that should be interpreted as providing a risk-free environment.
 - Some businesses have posted certifications indicating, "All employees have been tested and this establishment is clean." The City of Stamford's Department of Health does not endorse the use or posting of any certificate that certifies a facility is "safe" or "clean" with respect to COVID-19.

Community:

- **The Cummings Park testing site will be moved to Stamford High School on Saturday, May 16th.** This testing site will still be operated by Murphy Medical Associates and keep the same days and hours.
 - Monday through Friday, 7 a.m. to 4 p.m.; Saturday through Sunday from 9 a.m. to 1 p.m.
 - The Cummings Park parking lot will now be available for permit parking.
- The City of Stamford will [host](#) **two mask distribution events this weekend:**
 - Saturday, May 16th at 68 Southfield Avenue from 10 a.m. to 2 p.m.
 - Sunday, May 17th at Lione Park, 325 Stillwater Avenue from 1 p.m. to 4 p.m.

Services:

- No recent updates.

School:

- No recent updates.

Help Stamford

All information about **how to help Stamford** during the COVID-19 public health emergency can be found at <https://www.stamfordct.gov/office-of-the-mayor/pages/give-help>.

- Residents can find this information by visiting <http://www.stamfordct.gov/covid19> and selecting “**How to Help.**”

Volunteer

- The City of Stamford maintains a volunteer signup sheet for future volunteer opportunities.
- [Stamford Together](#), a citywide volunteer program to help support emergency response efforts related to the COVID-19 public health emergency. Volunteers can contribute to five major initiatives (click each title to sign up):
 - [Testing Site Volunteer Program](#): As the City launches more testing sites, volunteers are needed to keep these sites functional.
 - [Resident Delivery Program](#): Volunteer drivers are needed to provide delivery services to quarantined members of our community.
 - [Stamford Citizen Services Corp](#): A combination of the Community Emergency Response Team (CERT) and the Medical Reserve Corps (MRC).
 - The **Community Emergency Response Team** is a program that provides a consistent nationwide approach to volunteer training and organization that professional responders can rely on during disaster situations, allowing them to focus on more complex tasks.
 - The **Medical Reserve Corps** is a national network of medical and public health professionals who assist emergency response during public health emergencies.
 - [Homemade Mask Production](#): Masks produced by volunteers will be picked up by a delivery driver through a partnership with local dry-cleaning service providers. Masks will be cleaned and disinfected then distributed to the community.
 - Volunteer spots for **Grab and Go Meals** and **Senior Outreach** have been completely filled.
- Students and retired health care workers are encouraged to register for Connecticut’s [CT Responds](#), a statewide volunteer management system.

Donate

- The City of Stamford is **requesting donations of personal protective equipment from businesses or individuals.**
 - If you wish to donate to the City, please **contact Jim Federici** at JFederici@stamfordct.gov or call **203.977.4378** (office line). The City needs a variety of equipment, including but not limited to:

- N95 masks
 - Surgical masks
 - Gloves
 - Isolation gowns
 - Face shields
- **Stamford Health** is looking for donations for the [COVID-19 Pandemic Response Fund](#) as well as [food donations for medical personnel](#). Individuals or businesses can also [donate packaged supplies](#).
- **4-CT** is an **independent nonprofit staffed by volunteers** connecting and providing resources to organizations addressing the COVID-19 pandemic in Connecticut. Residents can [donate here](#).
- **American Red Cross** has requested residents consider donating blood. Residents can [look up a local chapter](#) or [search by zip code](#).
- **Building One Community** compiled [an Amazon wish list](#) for essential items needed for the community, including detergent, soap, and more.
 - Residents can also **donate to Building One Community's [COVID-19 Response Fund](#)**.
- **DOMUS** provides much-needed aide to Stamford families who are most affected by the COVID-19 pandemic. Residents can [donate directly](#), or purchase items from their [Amazon wish list](#).
- **Family Centers of Stamford** provides services and programs to support children, adolescents, and families in Stamford. Residents can donate to their [Emergency Client Assistance Fund](#).
- **The Food Bank of Lower Fairfield County** is requesting [food or monetary donations](#) to ensure families have access to food during the COVID-19 pandemic.
- **Inspirica** is a **nonprofit** that aims to break the cycle of homelessness and continues to provide services during this time. Residents can [donate through this link](#).
- **Pacific House** is a **nonprofit** providing supplies and shelter for the homeless population in Stamford. Residents can [donate to Pacific House through this form](#).
- **Person to Person** provides individuals and families with access to basic needs and resources. Residents can make a [monetary donation](#) or [food/gift card donations](#).
- **Silversource** is a Stamford-based nonprofit providing resources to seniors in need of assistance. Residents can [donate here](#).
- **Stamford Public Education Foundation's [Home Work Helpers](#)** is seeking volunteers 18 and older to work with Stamford Public School students to help with school work. Residents interested in volunteering can fill out [this form](#).
- **Stamford Senior Center** is ensuring members have access to food, medications, and other necessities throughout the COVID-19 pandemic. Residents can [donate here](#).
- **United Way of Western Connecticut's ALICE Emergency Fund** expands the ability of individuals and families to purchase fresh produce through the Health Savings Program.

Participants of the program receive \$20 worth of fresh produce a week for six weeks. Residents can [donate here](#).

Ongoing Information

All of the information below is available on the [City of Stamford's website](#) (<http://www.stamfordct.gov>):

- All information about **the City of Stamford's response** to the COVID-19 public health emergency can be found at <http://www.stamfordct.gov/covid19>
 - Residents can find this information by visiting <http://www.stamfordct.gov> and selecting the **COVID-19 banner image** or selecting the **red banner** "COVID-19 Information."
- All information about **services** affected by the COVID-19 public health emergency is [available on the City's website](#).
 - Residents can find this information by going to <http://www.stamfordct.gov/covid19> and selecting "**Status of Affected Stamford Organizations.**"
- All information for Stamford **businesses** or business owners can be found at <http://www.stamfordct.gov/economic-development/pages/business-information-for-covid-19>.
 - Residents can find this information by visiting <http://www.stamfordct.gov/covid19> and selecting "**Business Assistance.**"
- All information on **Stamford Public Schools** can be found at <https://www.stamfordpublicschools.org/district/public-affairs/pages/resources-during-closure>.
 - Residents can find this information by visiting <http://www.stamfordct.gov/covid19> and selecting "**Schools.**"
- **Fact sheets about COVID-19 in multiple languages are available** through the COVID-19 Health Literacy project, including [Spanish](#), [Creole](#), [Italian](#), [Polish](#), and [more](#).

CDC Guidelines for social distancing and preventative measures

Below are the **Centers for Disease Control and Prevention's guidelines** for [protecting yourself from potential infection](#):

- **COVID-19 is spread through close contact.** Coughing produces respiratory droplets that physically land on objects. These [droplets can land on mouths or noses of a people who are nearby](#), and possibly inhaled into the lungs.

- **COVID-19 is [most commonly spread person-to-person](#). [Residents should limit gatherings to 5 people or fewer](#). Stamford residents are asked to advocate to their friends, family, and neighbors to follow social distancing guidelines.**
 - Put distance between yourself and other people, six feet of space is recommended.
 - Avoid close contact with people who are sick.
 - Stay home if you are sick.
 - Cover coughs and sneezes.
 - Wash your hands with soap and water for 20 seconds.
 - If soap is not available, clean your hands with hand sanitizer that contains at least 60 percent alcohol.
 - Clean and disinfect frequently touched surfaces.
- Grocery stores and pharmacies taking measures to limit the number of individuals inside their business should be mindful they **do not indirectly create a large crowd of waiting customers outside their business**.
 - Waiting customers can [space out to limit close contact with one another](#).
- The Centers for Disease Control and Prevention [released new guidelines](#) recommending **all residents wear cloth masks to help prevent the spread of COVID-19**.
 - The cloth face coverings recommended for the general public are **not surgical masks or N-95 respirators, which should be reserved for healthcare workers and other medical first responders**.
 - Governor Lamont signed [an executive order](#) requiring any person in a public place in Connecticut who is unable or does not maintain a safe social distance of approximately six feet shall **cover their mouth and nose with a mask or cloth face-covering**.

Testing for COVID-19 in Stamford

Residents can call **Stamford's dedicated Testing Hotline** at **1.833.508.8378** for information on testing availability in the Stamford area.

Do you have symptoms of COVID-19?:

- Residents concerned they may have symptoms of COVID-19 **should immediately call their primary care physician**.
 - [Symptoms include](#) **fever, coughing, shortness of breath or difficulty breathing, chills, muscle pain, sore throat, and new loss of taste or smell**.
 - Primary care physicians will make an assessment and prescribe testing if appropriate.
 - Residents with symptoms of COVID-19 should notify medical professionals before visiting health care institutions. Medical staff need to prepare personal protection equipment prior to examining patients.

Residents without a Primary Care Physician or Health Care Insurance:

- Residents who **DO NOT have Primary Care Physicians, but DO have health insurance**, can contact their health insurance provider to obtain names of approved Primary Care Physicians to contact.
 - Stamford Health recommends residents call 1.877.233.9355 to receive a list of all physicians who can provide prescriptions of testing.
- Residents who **DO NOT have Primary Care Physicians OR health insurance** may contact one of the following organizations:
 - Community Health Center of Stamford: 203.323.8160
 - Family Centers Health: 203.717.1760. Not accepting walk-ins.
 - Optimus Health Care: 203.327.5111
- Stamford Health recommends residents call Stamford Health's COVID-19 hotline: 203.276.4111.

Stamford testing sites:

- **Stamford Hospital on Bennett Medical Center Campus.** Operated by Stamford Health. Open Monday through Friday, 8 a.m. to 4 p.m. Schedule an appointment by calling 203.276.4111.
- **Stamford High School** (starting Saturday May 16th). Operated by Murphy Medical Associates. Open Monday through Friday, 7 a.m. to 4 p.m. and Saturday through Sunday from 9 a.m. to 1 p.m. Schedule an appointment [online](#) or call 203.658.6051.
- **2001 West Main Street.** Operated by DOCS Urgent Care. Open Monday through Friday, 9 a.m. to 7 p.m. Open Saturday and Sunday, 9 a.m. to 1 p.m. Schedule an appointment [online](#) or call 203.298.4600.
- **3000 Summer Street.** Operated by AFC Urgent Care. Open Monday through Friday, 8 a.m. to 9 p.m. Open Saturday and Sunday, 8 a.m. to 5 p.m. Schedule an appointment [online](#) or call 203.969.2000.
- **805 Atlantic Street.** Operated by Optimus Health Care. Open Monday and Wednesday, 8 a.m. to 7:30 p.m. Open Tuesday, Thursday and Friday, 8 a.m. to 5 p.m. Open Saturday, 9:00 a.m. to 1 p.m. Schedule an appointment [online](#) or call 203.327.2991.

State of Connecticut testing sites:

- Governor Ned Lamont [announced](#) a partnership with CVS Health to provide **free rapid COVID-19 testing to eligible Connecticut residents**. The state also announced the first rapid-testing site at **60 Sargent Drive in New Haven** — the former Gateway Community College campus.
 - This testing center uses [Abbot ID NOW Covid-19 testing](#).

- Residents must [register online and schedule a timeslot](#) prior to arriving to the test site. **Anyone who does not have an appointment will not be tested.** Appointments can be scheduled up to two days in advance.
- Testing will not take place at CVS Pharmacy or MinuteClinic locations.
- Patients are required to remain in their vehicle once they arrive.
- Testing process takes approximately 30 minutes from collection of the swab to delivery of results.
- Testing is available at no charge to the public.
- CVS Health opened 12 new Drive-Thru COVID-19 Test Sites throughout Connecticut.
 - Full list of sites available [here](#).

The City of Stamford is testing asymptomatic emergency response providers:

- Mayor David Martin [announced](#) on April 21st **over 300 of Stamford’s emergency response providers were tested for COVID-19**, including Stamford’s Police Department, Fire Department, Stamford Emergency Medical Services, 911 Communications, and Department of Health nurses at testing sites. These individuals were not presenting with symptoms (“asymptomatic”).
 - Emergency response providers were given nasopharyngeal tests (“nasal swabs”) provided by DOCS Urgent Care and Murphy Medical Associates. Test results are provided by Quest Diagnostics and Sema4 Labs.
 - As more testing capacity becomes available, the **City intends to expand its asymptomatic testing program** to essential workers at nursing homes and senior living facilities.
- Mayor David Martin [announced](#) today the City has made arrangements to **test asymptomatic healthcare workers at nursing homes through Stamford**.
 - Nursing homes include:
 - Cassena Care
 - Edgehill Health Center
 - Long Ridge Post-Acute Care
 - St. Camillus Center
 - The Villa
 - Testing will also be offered to assisted care facilities across Stamford.
 - This testing is in addition to [Stamford’s emergency response providers receiving testing](#) for COVID-19.

Supply Distribution

Masks

- CONNSTEP and the Connecticut Business & Industry Association are **providing surgical masks to essential businesses**. Eligible businesses can request a maximum two

masks per employee through [this website: https://www.ctcovidresponse.org/request-masks-for-ct-small-business](https://www.ctcovidresponse.org/request-masks-for-ct-small-business).

Isolation Housing

- Mayor David Martin [announced](#) the City of Stamford has partnered with UConn Stamford to **provide housing for individuals who require isolation but cannot safely isolate in their homes**.
 - Residents who wish to receive housing must:
 - Receive a recommendation for isolation from a medical professional, such as a primary care physician, testing site healthcare official, or hospital care team.
 - [Apply for housing at UConn's residence hall](#). Residents who show up to the residence hall without applying beforehand cannot receive housing.
 - Receive verification of eligibility from the City's Department of Health. If the Department of Health determines an individual can isolate within their own household they cannot receive housing.

COVID-19 Cases in Stamford & Connecticut:

- Connecticut's **Department of Public Health provides a daily update** on the state's COVID-19 situation. [Residents can visit this link daily for new updates](#).
- Connecticut's Department of Health released [a live COVID-19 dashboard tracking COVID-19 cases, hospitalizations, and deaths across the state](#).

Reopen Connecticut:

- Governor Ned Lamont [announced](#) his administration has released documents detailing specific rules eligible businesses falling under "phase 1" or Connecticut's reopening plans must follow amid the ongoing COVID-19 pandemic.
 - "Reopen Connecticut" adheres to five guidelines. Reopening is currently planned to begin on May 20th
 - **Safety First.** The state will reopen society safely and securely with a proactive program that safeguards the health of our vulnerable residents, continues physical distancing, and provides clear safeguard rules for businesses and institutions deemed safe to reopen.
 - **Science-Driven.** The state's strategy will rely on a scientifically validated set of public health interventions. Patient assessment, testing, proactive tracing, field studies, and public health guidance will be deployed simultaneously to contain infection.
 - **Prepared.** The state will work closely with hospitals and health systems to procure and distribute critical personal protective equipment, and assess capacity of beds and ventilators to ensure optimal standard of care.

- **Choice.** Individual businesses within sectors allowed to open are empowered to make their own choice on when they reopen. When they open, they must comply with rules the state lays out to safeguard their employees and customers.
- **Dynamic.** The state will include a suite of tools to inform an adaptive plan that can be nimbly scaled or rolled back rapidly based on real-time critical health metrics.
- The 1st phase includes restaurants, offices, hair salons and barbershops, retail stores, and outdoor museums and zoos. More details are available for:
 - [Hair Salons & Barbershops](#)
 - [Museums and Zoos](#) (outdoor only)
 - [Offices](#)
 - [Restaurants](#) (outdoor only)
 - [Retail & Malls](#)
 - Also available [in Spanish](#).

Businesses, Services, and Organizations in Stamford impacted:

Businesses still open ([must follow social distancing guidelines](#)):

- Gas stations.
- Grocery stores.
- Pharmacies.
- Laundromats.
- Marinas and boatyards. City's policy [available here](#).

Businesses must adhere to [Safe Store Rules](#) (by order of the Governor):

- Occupancy, store layout, and managing customer flow:
 - Occupancy capped at 50 percent of store capacity. At entrance, staff will maintain a count of the number of customers entering and exiting stores.
 - Clearly mark 6 foot spacing in lines on floor at checkout lines and other high-traffic areas and, as much as practicable, provide ways to encourage 6 foot spacing in lines outside the store.
 - Post conspicuous signage and floor markings to direct customers and limit bottlenecks and/or encourage spacing and flow in high-density areas.
 - Have aisles be one-way in stores where practicable to maximize spacing between customers. Identify the one-way aisles with conspicuous signage and/or floor markings.
 - Maximize space between customers and employees at checkout lines, including, but not limited to, only using every other checkout line, where and when possible.

- Install Plexiglas shields to separate employees from customers at checkout lines and other areas in the store where practicable.
- General
 - Communicate with customers through in-store signage, and public service announcements and advertisements, **there should only be one person per household during shopping trips, whenever possible.**
 - Discontinue all self-serve foods (e.g., salad bar, olive bar) and product sampling.
 - Allow “touchless” credit card transactions. If not possible, sanitize credit card machines (including pen) regularly and consistently.
 - Cart and basket handles sanitized between uses (by staff).
 - Wherever possible, employees will wear gloves and face masks at all times that they are interacting with customers and/or handling products.
- Additional rules, [full list here](#):
 - Essential employees who are able to work from home **SHOULD BE WORKING FROM HOME.**
 - Distribute summaries of health insurance processes and procedures to employees.
 - **Eliminate in-person meetings.**
 - Workplaces with multiple shifts:
 - Wherever possible, utilize nights and weekends to spread out work schedules and provide for social distancing.
 - If possible, move from 1 or 2 shifts to 3 shifts. Keep each shift with the same people each day. That way, if a person on one shift becomes sick, workers on the other shifts are protected.
 - Provide time between each work shift to avoid overlap and allow for cleaning of the work environment at regular and appropriate intervals.
 - Staffer shift start/stop times, break times, and lunchtimes to minimize congregations at the time clock or break areas.
 - Wherever possible, segment the workplace into discrete zones. Prohibit employees from entering into zones where they are not required to perform their jobs.
 - **Frequent cleaning of all touch points.**
 - Reduce common touch points by opening internal doors where possible.
 - Employees who are ill should stay home.
 - Where possible, **employees should take their temperature before they go to work.** If they have a temperature above 100.4 Fahrenheit, they should stay home.
 - **Make hand sanitizer available to employees** who do not have ready access to soap and water.

Businesses and closed until further notice (some [by order of the Governor](#)):

- All [non-essential businesses](#).

- All restaurants and bars.
 - Takeout and delivery options still available.
- All gyms and movie theaters.
- All amusement parks, bowling alleys, and indoor walkways for large shopping malls.
- All [body care facilities](#).
- All City playgrounds and fields.
- All public swimming pools.

Businesses closed, continuing to offer alternative services:

- The Avon Theatre began its “[online offerings](#),” **providing access to the theatre’s programming online.**
- Stamford Partnership [announced](#) Stamford Dining Bonds, **a program offering** customers discounted gift certificates and **a source of revenue for many food & beverage businesses** closed for the duration of the state’s public health emergency.

Utility Services:

- **Eversource** (electric):
 - [Postponed disconnections for nonpayment for residential and business customers](#) across electric, natural gas, and water operations.
 - Warned customers of [an increase in scam activity](#).
- **Aquarion** (water):
 - [Suspended shutoffs for nonpayment](#).
 - Warned customers of an [increase in scam activity](#).
- **Altice USA** (internet):
 - [Not terminating broadband services for residential or small businesses](#) due to nonpayment.
 - [Offering free 30 Mbps broadband to households with students](#) (K-12 or college).

Food retail stores (grocery stores, supermarkets) & supply chains:

- Several supermarkets announced **morning hours will be reserved for elderly residents** who are more at-risk for COVID-19 infections.
 - **Cingari’s Grade A ShopRite Supermarkets** in Stamford will reserve 6 a.m. to 7 a.m. for customers 65 and older.
 - **Larocca’s Country Market** will reserve 11 a.m. to 12:00 p.m. for customers 60 and older. Closed on Sunday,
 - **Acme Markets** will reserve 7 a.m. to 9 a.m., Monday through Friday for customers 60 and older.
 - [Stop and Shop Supermarkets](#) will reserve 6 a.m. to 7:30 a.m. for customers aged 60 and older.

- Inventory at local food retail stores may be depleted due to high demand, however there is no reported supply chain shortage at this time.
- Resident concerns about toilet paper:
 - **Residents who plan to buy toilet paper in bulk** should be aware:
 - [There have not been any reports of supply chain shortages of toilet paper in the country.](#)
 - Whereas previous emergencies caused shortages — such [2012’s Hurricane Sandy leading to a gasoline shortage due to gasoline refineries damaged by the storm](#) — toilet paper continues to be produced and delivered.
 - [A website called “How Much Toilet Paper”](#) allows residents to **calculate how long their supply of toilet paper would last.**
 - **DO NOT FLUSH TOILET PAPER ALTERNATIVES.** Paper towels and wet wipes will clog plumbing. Widespread flushing of these products will create severe blockage of sewage infrastructure.

Organizations and institutions (alphabetical):

- **Bi-Cultural Hebrew Academy:** Closed until May 20th.
- **Boys and Girls Club of Stamford:** [Closed until further notice.](#)
- **Building One Community:** The building will [remain open.](#)
 - Classes, group programs & events are canceled effective immediately for an indefinite amount of time.
- **Chelsea Piers:** Closed until [at least May 20th.](#)
- **Children's Learning Center:** Closed until June 12th.
 - Palmer's Hill facility under the Project 26 program to serve the children of Stamford Health's healthcare workers will remain open.
- **Connecticut Legal Services:** Continues to [provide services](#) at 203.348.9216. Physical office remains closed to the public.
- **Domestic Violence Crisis Center:** [Continues to provide services.](#)
- **Fairfield Business Council** [announced it would shut down.](#)
- **Family Centers:** [Continues to provide essential services](#) to Stamford residents throughout the COVID-19 public health emergency.
- **Ferguson Library:** Closed until further notice.
 - [Requested residents do not leave book donations](#) at the Main Library or Harry Bennett Branch as they cannot be safely processed at this time.
 - All due dates on materials and expiring library cards will be renewed until May 30th. All fines are waived during this period.
- **Islamic Center of Stamford:** Closed until further notice.
- **Italian Center:** All group fitness, youth programs and group swim lessons are postponed until further notice.

- **King School:** [Closed until May 20th](#).
- **New Covenant Center:** OPEN with contingency, grab-and-go meal service protocols in place.
 - Only staff and volunteers allowed into the facility. Lunch and dinner meals will be distributed on bagged or boxed meal-to-go basis.
 - Food pantry distribution will still go forth on Tuesdays, Thursdays, and Fridays, with a reduction on how many enlisted guests can shop at a time.
 - Individuals with day-of-shopping appointments will be checked-in and escorted to sit and wait in café area.
 - More ways to help: <http://www.newcovenantcenter.org/>
- **Schoke Jewish Family Services:** Closed until further notice. Freedberg Kosher Food Pantry will remain open, providing pre-packaged bags available for pickup outside the building. Counseling services provided through telephone sessions.
- **Stamford Health:** [Stamford Hospital no longer allowing visitors](#) to “protect the health and wellbeing of patients, staff, and community.”
 - Pediatric and NICU patients **will be allowed 2 parent/guardian visitors**.
 - Labor & Delivery patients **will be allowed 1 designated support person**.
- **Stamford Jewish Community Center:** Closed until further notice. [Offering programs and services online](#).
- **Stamford Museum & Nature Center:** Closed to the public until further notice.
- **Stamford Police Department:** All fingerprinting services provided will be [temporarily suspended](#).
- **Stamford Public Schools:** All in-person classroom teaching canceled to the end of the academic year (June 15th).
- **Stamford Senior Center:** All Senior Center programs and activities suspended.
- **Stamford YMCA:** Closed until further notice
- **Town Clerk’s Office:** Appointment only (essential business only)
- **UConn Stamford:** Campus closed [until further notice](#), classes will be held online for the remainder of the semester.

City of Stamford services and ordinances:

City Departments:

- Vital departments **will continue operations**, including:
 - Public Safety (Police Department, Fire Department).
 - 911 Communications.
 - Highways Department.
 - Recycling & Sanitation Department.
- Stamford Government Center is closed to all visitors who do not have an appointment.

- **Boards and Commission meetings** have received “procedural relief” due to [Governor Lamont’s Executive Order No. 7I](#) and may:
 - Extend budget adoption deadlines
 - Suspend in-person requirements for various meetings/public hearings
 - The **City of Stamford has used web conferencing for internal meetings** since the onset of the COVID-19 public health emergency and may utilize online web conferencing for board, commission, and public hearing meetings when appropriate.
- **Board of Finance:** Holding a **special meeting on March 30th via webinar** to discuss the budget process and plans for this year.
- **Board of Representatives:** Fiscal Committee has delayed its budget hearings.
 - The Board of Representative’s **Fiscal Committee has delayed their budget hearings.**
- **Building Department:**
 - Emergency protocol available [on the department’s webpage](#).
 - **Building permits:** [Submit online](#).
 - **Inquiries:** Contact David Nelson at 203.977.1194.
 - [Emergency protocol for plan review and inspections](#) related to COVID-19.
- **Engineering Department:**
 - All permit applications and payments must be submitted online.
 - Documents for plan review can be left in the drop-box located in the Government Center Lobby.
- **Highways Department:**
 - Paving Schedule will continue, residents are advised to move their parked cars away from roads when they are scheduled to be paved:
 - Berges Avenue: April 6th to April 8th
 - Reynolds Avenue: April 8th through April 10th
 - Borglum Street: April 13th through April 15th
 - Austin Avenue: April 15th through April 17th
 - Duncanson Street: April 20th through April 22nd
 - Travis Avenue: April 22nd through April 24th.
- **Land Use Department:**
 - General information available [on the department’s webpage](#).
 - **Inquiries:** Contact 203.977.4711 or StamfordLandUse@stamfordct.gov
 - **Zoning permits (building, sheds, fences, etc.):** sunderwood@stamfordct.gov
 - **EPB permits (inland wetlands, septic, etc.):** rtalamelli@stamfordct.gov
 - **ZBA applications (variances, special exceptions, auto dealers, etc.):** mjudge@stamfordct.gov
 - **Planning Board (Master Plan amendments, subdivisions, etc.):** lcapp@stamfordct.gov

- **Zoning Board (special exceptions, zoning text changes, zoning map changes, coastal site plans):** tbriscoe@stamfordct.gov
- Stamford Police Department's **Records Room is closed to the public** until further notice.
- **Recycling and Sanitation Department:**
 - Scale House and Katrina Mygatt Recycling **Center continue to follow their normal schedule.**
 - Recycling **textiles program (pink bags) is suspended** until further notice.
 - Residents **can still recycle textiles** at Katrina Mygatt Recycling Center.
 - Residents can drop off textiles in white “textile recycling” bins located at:
 - Davenport Ridge Elementary School, 1300 Newfield Avenue
 - Northeast Elementary School, 82 Scofieldtown Road
 - Strawberry Hill School, 200 Strawberry Hill Avenue
 - Rippowam Middle School, 381 High Ridge Road
 - Toquam Magnet Elementary School, 123 Ridgewood Avenue
 - The Department of Recycling and sanitation asks residents to **hold onto paint supplies** as Sherwin Williams has temporarily stopped accepting paint for recycling.
 - Waste that is suspected to be contaminated with COVID-19 **does not require precautions beyond those already used** to protect workers from hazards they encounter during their routine job tasks in solid waste and wastewater management.
- **Recreation Department:**
 - Several indoor public facilities closed and events canceled, however some outdoor Spring programs are still open for registration (planned for May/June). [Full list on the Recreation Department's website.](#)
- Stamford's **Tax Assessor's Office's:**
 - **Elderly and Totally Disabled Homeowner programs will not require appointments for the duration of this public health emergency.**
- Stamford's **Town Clerk's Office:**
 - Providing **free internet access to land records data** for the duration of the public health emergency.
- **Beach Stickers** are available for purchase [online](#) or by mail, residents cannot purchase beach permits at the Government Center for the duration of the COVID-19 pandemic.

City ordinances / Mayoral orders:

- Activities of five or more people at City parks and fields are **prohibited**.
 - This **includes contact sports, group activities**, and any event or outing with five or more people.

- Mayor Martin [released a video](#) explaining the City's motivation to keep parks open at this time.
- The City of Stamford has **suspended pay-to-park requirements for all City metered parking spaces** until further notice.
- The City of Stamford's **120-hour parking violation has been suspended** until further notice.
- The **City of Stamford's plastic bag ordinance is suspended** until further notice.
 - The Mayor of Stamford is granted emergency powers [by Connecticut general statutes 28-8a](#) and [Stamford's charter C3-10-10](#) following the Governor's [declarations of public health and civil preparedness emergencies](#).
- Mayor David Martin signed two executive orders:
 - Stamford police officers, firefighters, emergency first responders, nurses, dental hygienists, and employees tasked with inspections related to the health of Stamford residents will have [expedited COVID-19 testing](#) if they show symptoms of the virus.
 - A list of [work safety procedures for City employees](#).
- Stamford's Municipal Tax Relief Deferral Program is available for residents who can document significant economic impact during the COVID-19 Pandemic. **Under this program individuals, businesses, or nonprofits may apply to defer for 90 days their obligation to pay property taxes.**
 - More information, including a link to applications is available here: <https://www.stamfordct.gov/tax-collection/pages/stamford-municipal-tax-relief-deferral-program>.
 - **Applications must be received no later than July 1, 2020**, applications not received by July 1 cannot be accepted per the Governor's Executive Order.

State of Connecticut services and actions impacting Stamford:

- The Metropolitan Transportation Authority [posted its essential services schedule effective Friday, March 27 and continuing until further notice](#).
 - Connecticut's Department of [Transportation implemented a new schedule on Monday, March 30th](#) for the **Hartford and New Haven Lines**.
 - New Haven Line will operate on an hourly schedule with extra trains during peak times weekdays. This is approximately 50 percent less than a normal weekday schedule.
 - New Canaan Line, Danbury Line, and Waterbury Line will also operate on reduced schedules.
 - Hartford Line will operate on a new special weekday schedule.
 - All schedules posted online
 - CTtransit buses: www.cttransit.com
 - Hartford Line: www.hartfordline.com

- New Haven Line: www.mta.info/mnr
- Shore Line East: www.shorelineeast.com
- Connecticut's [Department of Motor Vehicles has suspended in-person visits at all branches](#) until further notice.
- Connecticut's Department of Energy & Environmental Protection has [suspended enforcement of retailers accepting empty beverage containers for redemption](#) until further notice.
- Connecticut Secretary of State Denise Merrill [announced Connecticut's presidential primaries would be moved](#) from April 28th to June 2nd. Primaries were [further rescheduled to August 11th](#) by Governor Lamont.
- **The Supplemental Nutrition Assistance Program [has been expanded](#) to provide benefits to roughly 97,000 households** not currently receiving the maximum benefits allowed for their household size.
 - These emergency benefits will be made available in electronic benefit transfer accounts on **Thursday, April 9th** and **Monday, April 20th**.
- Governor Ned Lamont [announced Summer](#) — a student loan advisory — is providing free assistance to those who have student loans or debt and have been financially impacted during COVID-19.
- Governor Ned Lamont announced seven criteria for Phase 1 of reopening the State of Connecticut, and said the state has already met the first criteria:
 1. 14-day decline of hospitalizations.
 2. Increased testing available.
 3. Sufficient contact tracing capacity.
 4. Protect vulnerable populations.
 5. Adequate healthcare capacity.
 6. Adequate supply of PPE.
 7. Appropriate workplace safeguards
- Governor Ned Lamont [announced](#) that the State of Connecticut **received its largest shipment of personal protective equipment (PPE)** on May 12th.
- The **State of Connecticut [updated guidelines](#) for hair salons and barbershops** to follow when reopening.
 - The state now allows, “Blow drying only when necessary.”
 - The guidelines are available in Spanish [here](#).

Corrections of misinformation and rumors:

- The State of Connecticut **has not** implemented [a curfew of any kind](#) for residents.
- The State of Connecticut **has not** [closed its borders or highways](#) to New York or any other state.
- Census participation **does not** [impact an individual's eligibility for government benefits](#), including a potential stimulus check.
- Parents/legal guardians **are permitted** to [visit their children in the hospital](#).

- There are **no plans** for a federal or state lockdown, rumors suggesting otherwise have circulated [for weeks](#) despite [official statements to the contrary from the federal government](#).
 - Connecticut's National Guard has been deployed to [assist building and managing patient care spaces](#) across the state. The National Guard is expected to assist setting up patient care spaces in Stamford.

Assistance available for residents

Residents who are unemployed, cannot pay rent/mortgage, or witness price-gouging:

- **Essential workers in the City of Stamford in need of childcare** can contact Donna Arcuri, School Readiness Liaison at **203.977.4589** or at darcuri@stamfordct.gov.
- **Residents who are recently out-of-work** as a result of the COVID-19 public health emergency can [apply for unemployment benefits with the State of Connecticut](#).
 - The State has provided [answers to frequently asked questions about unemployment benefits](#) and how they relate to the COVID-19 public health emergency.
 - Residents can [click here for more information on how to file for unemployment benefits](#) if your employment was impacted by the COVID-19 public health emergency.
 - Governor Ned Lamont [announced](#) the state **would implement software to speed up unemployment claims** in addition to manual processing.
- Legal actions enforcing **evictions or foreclosures have been put on hold** [until May 1, 2020](#).
 - Elected officials have [advised residents to contact their local representative if they receive an eviction or ejection notice](#).
- Attorney General William Tong reminded residents to **submit complaints of price-gouging** [directly to his office](#).

Low-income residents:

- **Person-to-Person Food assistance.** Groceries and fresh produce, protein, and dairy are available to residents with income [below 235% Federal Poverty Guidelines](#), or employees furloughed due to COVID-19.
 - Please call 203.655.0048 to make an appointment.
 - Visit <https://p2phelps.org/> for more information.
 - For the duration of the COVID-19 pandemic, Person-to-Person will operate:
 - Mondays and Tuesdays
Yerwood Center Gymnasium
90 Fairfield Avenue
10 a.m. to 2 p.m.

- Wednesdays, Thursdays, and Fridays
DOMUS Kids
 83 Lockwood Avenue
 10 a.m. to 2 p.m.
- Home delivery available by request.
- *Person-to-Person on Wheels* mobile pantry has been suspended to increase social distancing measures. Residents can refer to the above locations for services.
- **Person-to-Person Emergency Financial Assistance:** Caseworkers meet with clients to determine eligibility for emergency financial assistance for rent, security deposits, utilities, and small emergency expenses. Residents can call 203.655.0048.

Senior residents:

- Stamford-based [SilverSource](#) provides resources to seniors. Stamford seniors — or individuals interested in volunteering — can contact 203.324.6584. Resources include:
 - **Individual Assistance & Emergency Support:** Serving seniors in need of housing stability or healthcare needs. Social work consultations are taken by phone.
 - **Prescription Deliveries:** Seniors currently on the prescription program will continue to receive medications with the support of pharmacy delivery services.
 - **Grocery Deliveries:** SilverSource has set up pop-up food pantry/distribution centers to support homebound seniors with grocery deliveries. Volunteers and staff make front door drop-offs and utilize delivery services.
 - **Medical Transportation:** SilverSource continues to provide free transportation to essential medical appointments. A rigorous wipe-down is done of the transport vehicle between each passenger trip.
 - **Senior Wellness Check-ins:** Staff and volunteers connect with older clients by phone to ensure they are well and reduce isolation.

Miscellaneous:

- Nonprofits who have a client that: 1) Uses one of the health clinics as his/her medical home 2) Does not have a primary care physician 3) Needs to be tested for COVID-19, and 4) Is unable to negotiate the internal process at the clinic...
 - Please call Maria Millan at 203.977.5676 and provide all relevant information.
 - **Clients will be provided with a waiver enabling someone else to represent him/her in securing a test** or securing medical information used to support a decision not to test.

Governor's executive orders & other state actions affecting Stamford:

- **Any violations of executive orders can [file a complaint](#)** to Attorney General William Tong's Office.

- Governor Lamont signed [an executive order](#) March 26th [directing several actions](#):
 - All **gatherings are restricted to no more than 5 people**.
 - Eating establishments (such as restaurants) must **limit entrance of guests to the minimum extent necessary**. Also requires touchless payment at these establishments if possible.
 - All **retail establishments must ensure customers maintain 6 feet of distance between each other**. Also requires touchless payment at these establishments if possible.
 - All retail businesses that sell firearms, ammunition, or similar components to conduct transactions by appointment only in order to limit as much person-to-person contact as possible.
 - **Suspends tax on single-use plastic bags**.
 - **Prohibits** operators of grocery stores or retail **businesses from forcing their employees to bag items into customer-provided reusable bags**.
 - Suspends 21-month limit on Temporary Family Assistance.
 - Waives all annual student assessment test requirements for current school year
 - [Full text of the executive order is found here](#).
- Governor Lamont [announced an agreement with 50 credit unions and banks](#) in Connecticut to **offer mortgage relief to residents and businesses** impacted by the COVID-19 pandemic. Participating institutions will be listed on [Connecticut's Department of Banking website](#). Relief measures include:
 - 90-day grace period for all mortgage payments, allowing homeowners to reduce or delay monthly mortgage payments. Additionally, institutions will:
 - Provide a streamlined process for requesting forbearance for COVID-19 related reasons, supported with available documentation.
 - Confirm approval and terms of forbearance program; and
 - Provide the opportunity to extend forbearance agreements if face with continued hardship resulting from COVID-19.
 - Relief from fees and charges for 90 days.
 - No new foreclosures for 60 days.
 - No credit score changes for accessing relief.
- Governor Lamont [announced measures supporting long-term care facilities, staff, and residents](#). Governor Lamont has since [expanded funding](#) for this support.
 - The state's 215 nursing homes are receiving 15 percent across the board increase in Medicaid payments.
 - Long-term facilities that propose to be designated by the Department of Public Health specialize in care for residents with COVID-19 will be eligible for \$600 per-day payments for each person served.

- The state will make the same \$600 per-day payments to facilities designated by the Department of Public Health as suitable to be re-opened for the purpose of serving residents with COVID-19 and who need nursing home level of care.
- [More details](#).
- Governor Ned Lamont [signed an executive order](#) with a variety of directives related to rent and extending closures to May 20th. Please read the full order for specifics on each item:
 - **Automatic 60-day grace period for April rent.**
 - 60-day grace period for May rent, upon request.
 - Continued **cancellation of school classes through May 20, 2020.**
 - Please note this has been [superseded by an additional order](#) canceling classes to the end of the academic year.
 - Extension of closures, distancing, and safety measures through May 20, 2020. This includes limits on restaurants, bars, private club operations, gyms, sports, fitness and recreation facilities, movie theaters, shopping malls, retail establishments, and all nonessential businesses.
 - More orders listed in the [full text of the order](#).
- Governor Ned Lamont signed [an executive order](#) **requiring any person in a public place** in Connecticut who is unable or does not maintain a safe social distance of approximately six feet **shall cover their mouth and nose with a mask or cloth face-covering.**
 - Exceptions are made for individuals “for whom doing so would be contrary to his or her health or safety,” including medical conditions, anyone under the age of 2 years old, and parents or guardians who cannot safely place a mask on a child’s face.
 - “This order shall supersede and preempt any current or future municipal order.”
- Governor Ned Lamont [signed](#) an executive order on May 12th to **help expedite the various approval processes in order to help restaurants expand outdoor dining areas.** Including:
 - Expedited municipal zoning amendments.
 - Suspension and modification of certain permitting and approval processes for outdoor activities
 - Liquor service in connection with outdoor dining
 - Further clarification of limits on private clubs.
 - Full executive order [available here](#).
- Governor Ned Lamont [signed](#) an executive order on May 13th **granting an extension and sunset of suspension of tax on single-use plastic checkout bags through June 30th, 2020.** However:
 - Retail employees are not be required to bag items in reusable bags, customers must be allowed to use their reusable bags if they bag their own items.
 - Full executive order available [here](#).

- Governor Ned Lamont [announced](#) on May 14th **the State of Connecticut is receiving \$111 million in federal coronavirus relief aid for the state’s school districts** that will be used to support continued learning and address educational disruptions due to the global pandemic.

Federal bills & legislation relating to COVID-19:

- President Donald Trump signed into law the \$2 trillion “Coronavirus Aid, Relief, and Economic Security Act” (“CARES Act”) on March 27th.
 - Analysis of the bill available through:
 - [U.S. Congressman Jim Himes](#). Including a [teleconference townhall](#).
 - Various news organizations, including [Politico](#) and [NPR](#).
- On April 15th, the **U.S. Government began sending \$1,200 checks to individuals** with adjusted gross incomes up to \$75,000 a year as part of the [Coronavirus Aid, Relief, and Economic Security Act](#) (CARES Act) signed into law on March 27th.
 - Residents can **check the status of their check** here: <https://www.irs.gov/coronavirus/get-my-payment>
 - U.S. Congressman Jim Himes has **shared extensive information about the CARES Act on his website**: <https://himes.house.gov/coronafaq>. Congressman Himes also periodically hosts livestreamed FAQs through his [Instagram](#) and [Facebook page](#).
 - The Federal Bureau of Investigation has [seen a rise in fraud schemes related to COVID-19 since late March](#). Residents should be mindful of renewed fraud attempts as checks are disseminated to the public.

Stamford Public Schools:

- **All Stamford Public Schools in-person classroom teaching is canceled for the remainder of the academic year** by [order of Governor Lamont](#).
 - Stamford Public Schools’ “Distance Learning Plan” was approved by Connecticut’s State Department of Education. As a result, out-of-school teaching sessions will contribute to [the state’s requirement for a minimum of 180 school days](#) per school year.
- [Stamford Public Schools will continue to provide grab-and-go meals](#) from 10 a.m. to 12 p.m. to anyone 18 and under. **Residents can pick up their meal from any of the following locations:**
 - All locations serving **Grab-and-Go meals operate on a three-day schedule:**
 - Monday: two breakfasts, two lunches, and one dinner meal per child 18 or younger.
 - Wednesday: two breakfasts, two lunches, and one dinner meal per child 18 or younger.
 - Friday: three breakfasts, and three lunches per child 18 or younger.

- Elementary Schools:
 - Hart Magnet, 61 Adams Avenue.
 - Julia A. Stark, 398 Glenbrook Road.
 - K.T. Murphy, 19 Horton Street.
 - Rogers International School, 202 Blachley Road.
 - Stillmeadow, 800 Stillwater Road.
 - Strawberry Hill, 200 Strawberry Hill Avenue.
- Middle Schools:
 - Cloonan 11 West North Street.
 - Dolan, 51 Toms Road.
 - Rippowam, 381 High Ridge Road.
- Community-based Organizations and Programs:
 - Anchor at Harbor Landing, 68 Southfield Avenue.
 - Yerwood Center, 90 Fairfield Avenue.
- The following Grab and Go locations are operational from 11 a.m. to 1 p.m.
 - Chester Addison Center, 245 Selleck Street.
 - Trailblazer (Domus), 83 Lockwood Avenue.
 - Building One Community, 75 Selleck Street.
 - Lathon Wilder (South End Community Center), 137 Henry Street.
 - 11:30 a.m. to 1 p.m.
- Connecticut’s **standardized testing requirements are suspended**, following [the federal government’s announcement on Friday](#) allowing school testing to be canceled or postponed.
 - This includes Smarter Balanced Assessment Consortium (SBAC) and School Day Scholastic Aptitude Test (SAT).
 - Advanced Placement (AP) exams will be [available online](#).

Resources for Businesses:

The Centers for Disease Control and Prevention have **provided information specifically for businesses**.

- [Guidelines for reducing risk of infection](#) among the workforce.
- Recommendations for [environmental cleaning and disinfecting](#).
- Recommendations for [businesses hoping to take advantage of delivery and pickup options](#).
- The Department of Economic & Community Development is conducting a survey to better understand the economic impact on local businesses. Business owners are advised to fill out the “Economic Injury Worksheet” found [on the City of Stamford’s website](#).
 - There is no limit frame to submitting the Economic Injury Worksheet.

- Stamford business owners can submit their worksheet confidentially to Thomas Madden, Stamford's Director of Economic Development, at tmadden@stamfordct.gov.
- Grocery stores are encouraged to [place markers promoting social distancing](#) in their stores.
- The **State of Connecticut is supporting Small Businesses**. Businesses smaller than 50 employees with personal protective equipment needs can log onto <https://www.ctcovidresponse.org> and fill out a needs form.

Dates and deadlines impacted:

- The Federal Internal Revenue Service [extended the April 15th tax filing deadline for individuals](#) to July 15th.
- The State of Connecticut has [extended tax filing deadlines for businesses by “at least 30 days.”](#)
 - Businesses with taxes due on June 1st 2020 have had the deadline extended to July 1st 2020.
- Connecticut's Department of Economic Community Development is **deferring all Small Business Express payments for three months**.
 - For small business assistance please call the **Department of Economic Community Development's business hotline** at 860.500.2333.

Information on conference calling:

- The **Federal Bureau of Investigations (FBI) has [warned of “Zoom-bombing,”](#) the act of unassociated individuals hijacking and disrupting teleconferences**. The FBI recommended the following preventative measures:
 - Do not make meetings or classrooms public.
 - Require a password for your meeting or use the “waiting room” feature to control admittance of guests.
 - Do not share a link to a teleconference or classroom publicly or through social media. Provide links directly to specific individuals.
 - Manage screensharing options so only the “host” of the call can share their screen.
 - Ensure all participants have the latest version of Zoom. Zoom updated its software in January 2020 with increased security provisions.
 - Victims of “zoom-bombing” can submit a report to the FBI's Internet Crime Complaint Center at: <https://www.ic3.gov/>

City of Stamford Contact Information / Frequently Asked Questions

- Questions relating to COVID-19 testing, infections, and quarantine: City of Stamford's Department of Health at 203.977.4398 (after work hours call 211) or stamfordDIRHLTH@stamfordct.gov.

- Questions relating to environmental cleaning or personal protective equipment: Director of Lab James Federici at 203.977.4378 or jfederici@stamfordct.gov.
- Questions relating to schools and daycares: Nursing Supervisor Pat Caldwell at 203.977.4370 or pcaldwell@stamfordct.gov.
- Questions relating to restaurants, hotels, motels, rooming houses, or pools: Environmental Inspector Gail McRae at 203.977.5122 or gmcrae@stamfordct.gov.
- Questions from the press: City spokesperson Arthur Augustyn at 203.977.5115 or aagustyn@stamfordct.gov.
- Questions from business owners: Director of Economic Development Thomas Madden or tmadden@stamfordct.gov.
- Questions about food distribution or food insecurity: Director of Social Services Ellen Bromley at 203.977.4112 or ebromley@stamfordct.gov.
- City of Stamford's pre-recorded COVID-19 hotline: 203.977.8840.
- All other questions: Department of Health at 203.977.4398 or StamfordDIRHLTH@stamfordct.gov.
- Other contact information:
 - State of Connecticut's COVID-19 information hotline: dial 211.
 - Stamford Health's COVID-19 hotline: 203.276.4111.